



The ATU Credentialing Path

Aquatic Therapy University offers the following options for individuals seeking additional training and recognition in aquatic therapy proficiencies.

OPTION 1: Obtain Approved Contact Hours for Continuing Education:

All attendees receive **Certificates of Attendance** designating the total number of contact hours earned during ATU trainings. ATU is a nationally recognized (BOCA) provider for the athletic trainer and ATU classes meet state standards for physical therapy (PT) and (OT) occupational therapy in the host state. ATU courses have been accepted for continuing education credit through ASHA, AKTA, ATRA and other professional organizations. Please ask for information on your specific situation.

OPTION 2: Obtain Advanced Credentials in Aquatic Therapy:

Health care providers can obtain advanced credentials from ATU as follows:

Aquatic Therapy Associate (ATA) – The ATU Aquatic Therapy Associate (ATA) designation will be granted to all state- or nationally-recognized providers who earn a minimum of 36 hours of prerequisite and/or required classes at ATU.

Aquatic Therapy Professional (ATP) – The ATU Aquatic Therapy Professional (ATP) designation will be granted to all state- or nationally-recognized providers who earn a minimum of 84 hours in a specific ATU Certificate Track. Students must submit verification of a valid license, certification or registration as a health care provider prior to using designation.

Aquaticist (Aq) – The ATU Aquaticist (Aq) designation will be granted to physical and occupational therapy professionals who earn a minimum of 84 hours in a specific ATU Certificate Track. Students must submit verification of a valid license, certification or registration as a PT, PTA, OT or OTA prior to using designation. The Aquaticist credentials are track-specific and designate the specific area of advanced proficiency.

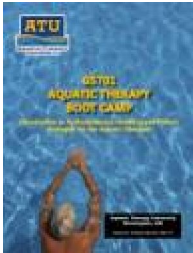
- Musculoskeletal Aquaticist – MAq
- Pediatric Aquaticist – Paq
- Geriatric Aquaticist - GAq
- Sports Medicine Aquaticist – SAq

*As of February 2012, the Neuro Credentialing material has been integrated into the Pediatric and Geriatric tracks.



2012 Main Campus Classes Minneapolis, MN

The following classes will be held on Aquatic Therapy University's main campus in Minneapolis, MN during the 2012 year. **Please note that this list does not include any off-campus classes.** Go to www.swimatu.com for a list of over 30 aquatic therapy classes available in 2012. Courses are added every month.



Aquatic Therapy Boot Camp

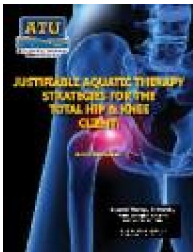
Location: Minneapolis, MN

Dates: In conjunction with all the ATU campus classes in 2012 or available as DVD distance-learning module

Hrs: 4 hrs

Instructor: mixed

\$99



Justifiable Aquatic Therapy Strategies for the Total Hip and Knee Replacement Client

Location: Minneapolis, MN

Dates: Feb 10-11, 2012

Hrs: 16 hrs plus 4 hr Boot Camp

Instructor: Andrea Salzman, MS, PT

\$595



Marketing Strategies for the Aquatic Therapy Manager: A Survey Course

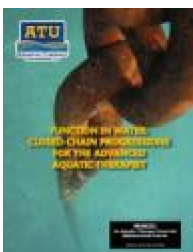
Location: Minneapolis, MN

Dates: Sep 7-8, 2012

Instructors: Kimberly Gordon, MPT and other professionals

Hours: 16.0 plus 4 hr Boot Camp option

\$595



Function in Water: Closed-Chain Progressions for the Aquatic Therapist

Location: Minneapolis, MN

Dates: Oct 12-13, 2012

Instructor: Beth Scalone, DPT

Hours: 16.0 plus 4 hr Boot Camp option

\$595



Aquatic Neuro-Motor Techniques for the Pediatric Client

Location: Minneapolis, MN

Dates: Nov 9-10, 2012

Instructor: Pediatric TBA

Hours: 16.0 plus 4 hr Boot Camp option

\$595

You can log onto

www.swimatu.com

for a list of all classes held during 2012. There will be over **30 off-campus** classes.



Musculoskeletal Track

(Minimum of 84 hours earned)

General Studies (Required)

Student must attend the required classes as outlined below. A waiver to Boot Camp may be issued to therapists with 500+ documented hours of aquatic patient care.

- Aquatic Therapy Boot Camp (live or distance learning DVD) (4 hrs)
- Hands-On Aquatic Therapy Techniques for the Ortho/Neuro Client (16 hrs)

Musculoskeletal Studies (Required)

Student must attend the required classes as outlined below.

- Water-Based Interventions for the Musculoskeletal Client (16 hrs)
- Evidence-Based Aquatic Therapy for the Musculoskeletal Client (16 hrs)

Musculoskeletal Studies (Elective)

Student must attend a minimum of 2 additional elective classes – or earn enough elective hours to reach 84-hours of training. Options include, but are not limited to:

- Justifiable Aquatic Therapy Strategies for the Total Hip & Knee Replacement Client (16 hrs)
- Justifiable Aquatic Therapy Strategies for the Low Back, Neck & Chronic Pain Client (16 hrs)
- Justifiable Aquatic Therapy Strategies for the Shoulder, Neck & Thoracic Spine Client (16 hrs)
- Pool Therapy for the Female Client (16 hrs)
- Aquatic Therapy for the Military: From Wounded Warrior to Injured Athlete (16 hrs)
- Aquatic Training Options for the Elite, Collegiate and Professional Athlete (16 hrs)
- Performance Enhancement Through Vertical Aquatic Training (16 hrs)
- Clinical Use of Watsu and Other Manual Aquatic Therapies (16 hrs)
- Clinical Use of Aquatic Pilates, Yoga and Spinal Stabilization Techniques (16 hrs)
- Function in Water: Closed-Chain Progressions for the Aquatic Therapist (16 hrs)
- Novel Aquatic Balance, Proprioception and Fall Prevention Strategies (16 hrs)
- Any 900-level course work including:
 - Instructor Tutorial I (6-8 hrs)
 - Instructor Tutorial II (6-8 hrs)
 - Instructor Tutorial III (6-8 hrs)
 - Instructor Tutorial IV (6-8 hrs)
 - Advanced Skills Practicum I (6-8 hrs)
 - Advanced Skills Practicum II (6-8 hrs)
 - Advanced Skills Practicum III (6-8 hrs)
 - Advanced Skills Practicum IV (6-8 hrs)



- Advanced Skills Practicum V(6-8 hrs)
- Research Tutorial (6-8 hrs)



Pediatric Track

(Minimum of 84 hours earned)

General Studies (Required)

Student must attend the required classes as outlined below. A waiver to Boot Camp may be issued to therapists with 500+ documented hours of aquatic patient care.

- Aquatic Therapy Boot Camp (live or distance learning DVD) (4 hrs)
- Hands-On Aquatic Therapy Techniques for the Ortho/Neuro Client (16 hrs)

Pediatric Studies (Required)

Student must attend the required classes as outlined below.

- Water-Based Interventions for the Pediatric Client (16 hrs)
- Evidence-Based Aquatic Therapy for the Pediatric Client (16 hrs)

Pediatric Studies (Elective)

Student must attend a minimum of 2 additional elective classes. Options include, but are not limited to:

- Aquatic Therapy Options for Cerebral Palsy, Developmental Disabilities & the Medically Fragile Client (16 hrs)
- Aquatic Sensory and Motor Integration for the Pediatric Client (16 hrs)
- Aquatic Neuro-Motor Techniques for the Pediatric Client (16 hrs)
- Aquatic Therapy for the Speech Therapy Client (16 hrs)* (for speech professionals only)
- Performance Enhancement Through Vertical Aquatic Training (16 hrs)
- Clinical Use of Watsu and Other Manual Aquatic Therapies (16 hrs)
- Clinical Use of Aquatic Pilates, Yoga and Spinal Stabilization Techniques (16 hrs)
- Function in Water: Closed-Chain Progressions for the Advanced Aquatic Therapist (16 hrs)
- Novel Aquatic Balance, Proprioception and Fall Prevention Strategies (16 hrs)
- Any 900-level course work including:
 - Instructor Tutorial I (6-8 hrs)
 - Instructor Tutorial II (6-8 hrs)
 - Instructor Tutorial III (6-8 hrs)
 - Instructor Tutorial IV(6-8 hrs)
 - Advanced Skills Practicum I (6-8 hrs)
 - Advanced Skills Practicum II (6-8 hrs)
 - Advanced Skills Practicum III (6-8 hrs)
 - Advanced Skills Practicum IV (6-8 hrs)
 - Advanced Skills Practicum V(6-8 hrs)
 - Research Tutorial (6-8 hrs)



Geriatric Track

(Minimum of 84 hours earned)

General Studies (Required)

Student must attend the required classes as outlined below. A waiver to Boot Camp may be issued to therapists with 500+ documented hours of aquatic patient care.

- Aquatic Therapy Boot Camp (live or distance learning DVD) (4 hrs)
- Hands-On Aquatic Therapy Techniques for the Ortho/Neuro Client (16 hrs)

Geriatric Studies (Required)

Student must attend the required classes as outlined below.

- Water-Based Interventions for the Geriatric Client (16 hrs)
- Evidence-Based Aquatic Therapy for the Geriatric Client (16 hrs)

Geriatric Studies (Elective)

Student must attend a minimum of 2 additional elective classes. Options include, but are not limited to:

- Justifiable Aquatic Therapy Strategies for Cardiac and Respiratory Rehab (16 hrs)
- Justifiable Aquatic Therapy Strategies for the Total Hip & Knee Replacement Client (16 hrs)
- Justifiable Aquatic Therapy Strategies for CVA, SCI and Brain Injury (16 hrs)
- Justifiable Aquatic Therapy Strategies for Parkinson's and other Progressive Disorders (16 hrs)
- Aquatic Therapy and Exercise Options for the Independent and Assisted Living Campus (16 hrs)
- Aquatic Therapy for the Female Client (16 hrs)
- Clinical Use of Watsu and Other Manual Aquatic Therapies (16 hrs)
- Clinical Use of Aquatic Pilates, Yoga and Spinal Stabilization Techniques (16 hrs)
- Function in Water: Closed-Chain Progressions for the Advanced Aquatic Therapist (16 hrs)
- Novel Aquatic Balance, Proprioception and Fall Prevention Strategies (16 hrs)
- Any 900-level course work including:
 - Instructor Tutorial I (6-8 hrs)
 - Instructor Tutorial II (6-8 hrs)
 - Instructor Tutorial III (6-8 hrs)
 - Instructor Tutorial IV(6-8 hrs)
 - Advanced Skills Practicum I (6-8 hrs)
 - Advanced Skills Practicum II (6-8 hrs)
 - Advanced Skills Practicum III (6-8 hrs)
 - Advanced Skills Practicum IV (6-8 hrs)
 - Advanced Skills Practicum V(6-8 hrs)
 - Research Tutorial (6-8 hrs)



Sports Medicine Track

(Minimum of 84 hours earned)

General Studies (Required)

Student must attend the required classes as outlined below. A waiver to Boot Camp may be issued to therapists with 500+ documented hours of aquatic patient care.

- Aquatic Therapy Boot Camp (live or distance learning DVD) (4 hrs)
- Hands-On Aquatic Therapy Techniques for the Ortho/Neuro Client (16 hrs)

Sports Medicine Studies (Required)

Student must attend the required classes as outlined below.

- Water-Based Interventions for the Sports Medicine Client (16 hrs)
- Evidence-Based Aquatic Therapy for the Sports Medicine Client (16 hrs)

Sports Medicine Studies (Elective)

Student must attend a minimum of 2 additional elective classes – or earn enough elective hours to reach 84-hours of training. Options include, but are not limited to:

- Justifiable Aquatic Therapy Strategies for the Injured Athlete: The Shoulder (16 hrs)
- Justifiable Aquatic Therapy Strategies for the Injured Athlete: The Knee (16 hrs)
- Pool Therapy for the Female Athlete (16 hrs)
- Aquatic Therapy for the Military: From Wounded Warrior to Injured Athlete (16 hrs)
- Aquatic Training Options for the Elite, Collegiate and Professional Athlete (16 hrs)
- Performance Enhancement Through Vertical Aquatic Training (16 hrs)
- Clinical Use of Watsu and Other Manual Aquatic Therapies (16 hrs)
- Clinical Use of Aquatic Pilates, Yoga and Spinal Stabilization Techniques (16 hrs)
- Any 900-level course work including:
 - Instructor Tutorial I (6-8 hrs)
 - Instructor Tutorial II (6-8 hrs)
 - Instructor Tutorial III (6-8 hrs)
 - Instructor Tutorial IV(6-8 hrs)
 - Advanced Skills Practicum I (6-8 hrs)
 - Advanced Skills Practicum II (6-8 hrs)
 - Advanced Skills Practicum III (6-8 hrs)
 - Advanced Skills Practicum IV (6-8 hrs)
 - Advanced Skills Practicum V(6-8 hrs)
 - Research Tutorial (6-8 hrs)