



**2010 CLASS SCHEDULE**

**AQUATIC THERAPY UNIVERSITY  
POST-GRADUATE STUDIES  
IN AQUATIC THERAPY**

Andrea Salzman



Founder

Aquatic Resources Network



### QUENCH YOUR THIRST FOR SERIOUS KNOWLEDGE

Remember university life? That rich **academic atmosphere** where you knew what was required and looked forward to where you were going? I do and I miss it. That is why I am introducing Aquatic Therapy University, the only curriculum-structured evidence-based **continuing education** program for the post-graduate aquatic therapist.

At ATU, expect your horizons to be broadened and your **abilities challenged**. Here, you will get two-day lab-intensive classes packed full of cutting-edge content. And here, expect to be taught by the best-of-the-best, as all of our diverse clinical tracks are led only by **licensed therapists** and physicians.

For 14 years, we have had our **finger on the pulse** of aquatic therapy worldwide. Now, it is time for the next generation in training options. Ring in the new decade by **enrolling today** in this industry-pioneering endeavor. But come prepared. We believe it will be something akin to drinking from a firehose.

Andrea Salzman  
ATU Program Director



### MEET OUR ADJUNCT FACULTY



Andrea Salzman  
MS, PT



Jennifer Tvrdy  
OTDR/L



Peggy  
Schoedinger  
PT



Beth Scalone  
DPT, OSC

# OUR CERTIFICATE TRACKS

## SPECIALIZATION YOU WISH YOU HAD IN COLLEGE



At Aquatic Therapy University, our **tiered progression** gives you the continuum you need to map out and achieve your professional aquatic goals for years to come. You can specialize in any one of the following **certificate tracks** or are free to put together your own course of study. Each class contains a minimum of 5 hours of lecture and 9 hours of pool lab (worth 1.4 CEUs or more). These credits can all be applied to your final 70-hour **ATU certificate**.

## Course Sequence

**700 Series**  
Entry Level

**800 Series**  
Intermediate Level

**900 Series**  
Mastery Level

## CERTIFICATE TRACKS

**GS: General Studies** (primers, refreshers, surveys, instructing)

**MS: Musculoskeletal Studies** (back, neck, hip, knee, etc.)

**NS: Neurological Studies** (CVA, TBI, SCI, MS, etc.)

**PS: Pediatric Studies** (neonatal, autism, SI, etc.)

**GE: Geriatric Studies** (balance, gait, Parkinson's, etc.)

**SS: Sports & Military Studies** (training, injury, trauma, etc.)

**BS: Business Studies** (building, billing, marketing, etc.)



## Advisory

\*ATU courses are taught with the assumption that attendees have at least an entry-level degree or its equivalent in experience. No class time will be spent on the underlying principals of Physical Medicine & Rehabilitation.



Kiki Dickinson  
MPT



Garry Killgore  
PhD



Bruce Becker  
MD



Mick & Sue  
Nelson  
ME, BSES

## Main Campus Minneapolis, MN



Our main campus is located at **Summit Place** in the Minneapolis suburb of Eden Prairie. This elite facility sports a 60' warm-water pool along with a Hydroworx therapy pool.

## Travel Details

### Main Campus:

Summit Place  
8501 Flying Cloud Dr  
Eden Prairie, MN 55344

### Hotel:

Staybridge Suites  
Bloomington, MN  
\$74/night  
free shuttle, breakfast

### Airport:

Minneapolis-St. Paul (MSP)  
Serves 110 non-stop cities

## Add-On Classes

**Aquatic Therapy Bootcamp (GS701):** Required before taking any ATU course (current water-gurus excepted). Offered the morning before every Mpls campus class. (4 hrs)

**I Want To Teach! (GS901):** Have over 2 yrs in the water? A masters degree or more? Eager to make **substantial side-income**? We can make it happen! Offered in conjunction with our Jan & Oct classes. (24 hrs)

## JANUARY 15-16, 2010 (Musculoskeletal)

**MS701:** Water-Based Intervention for the Musculoskeletal Client: An Aquatic Therapy Primer (Salzman)

## FEBRUARY 12-13, 2010 (Geriatrics)

**GE701:** Water-Based Intervention for the Geriatric Client: An Aquatic Therapy Primer (Salzman)

## MARCH 12-13, 2010 (Pediatrics)

**PS701:** Water-Based Intervention for the Pediatric Client: An Aquatic Therapy Primer (Tvrdy, Dickinson)

## APRIL 9-10, 2010 (Musculoskeletal)

**MS802:** Justifiable Aquatic Therapy Strategies for the Total Hip & Knee Client: A Lab Intensive (Becker, Salzman)

## MAY 14-15, 2010 (Speech)

**GS710:** Aquatic Therapy for the Speech Therapist: Taking Language & Speech into the Water (Kane, Salomon, Dickenson)

## JUNE 11-12, 2010 (Musculoskeletal)

**MS801:** Justifiable Aquatic Therapy Strategies for the Low Back, Neck and Chronic-Pain Patient (Scalone)

## JULY 9-10, 2010 (Pediatrics)

**PS801:** Aquatic Sensory Integration (ASI) for the Pediatric Therapist: Using Water to Modulate Vestibular, Tactile, Proprioceptive, Visual and Auditory Input (Tvrdy)

## AUGUST 13-14, 2010 (Sports)

**SS802:** Aquatic Training Options for the Collegiate, Elite and Professional Athlete (Killgore)

## SEPTEMBER 10-11, 2010 (Business)

**BS802:** Save My Practice! Bringing Profitability and Cash Flow Back to Your Pool (Nelson, Nelson)

## OCTOBER 8-9, 2010 (Geriatrics)

**GE801:** Aquatic Balance, Proprioception and Fall Prevention Strategies (Salzman)

## NOVEMBER 12-13, 2010 (Pediatrics)

**PS901:** Aquatic Therapy Options for CP, Developmental Disabilities & the Medically Fragile Patient (Dickinson)

## DECEMBER 10-11, 2010 (Musculoskeletal)

**MS701:** Water-Based Intervention for the Musculoskeletal Client: An Aquatic Therapy Primer (Salzman)



### Typical Mpls Class Schedule

**Friday AM** (Bootcamp)  
8:30-9:00 Registration  
9:00-10:30 Lecture  
10:30-1:15 Pool lab

**Friday PM** (Main course)  
2:00-2:30 Registration  
2:30-4:15 Lecture  
4:15-5:00 Supper  
5:00-9:00 Pool lab

**Saturday**  
9:00-12:00 Lecture  
12:00-12:45 Lunch  
12:45-3:30 Pool lab  
3:30-4:00 Energy break  
4:00-6:30 Pool lab

### Schedule Changes

\*Unlikely though it may be, schedules, venues or instructors may change due to unforeseen events. If such changes are necessary, ATU will notify students immediately.

## ROCKIES CAMPUS



USA Swimming  
Colorado Springs, CO

## BAY AREA CAMPUS



Mills-Peninsula MC  
San Mateo, CA

## SOUTHERN CAMPUS



Lakeshore Foundation  
Birmingham, AL

### Can't Make it to Minneapolis?

Then ATU will come to you. We offer regional courses nationwide throughout the year. Schedules and credits are similar to our main campus offerings. Check below for a class coming to your locale.

**FEBRUARY 27-28, 2010** (Birmingham, AL)

**PS801:** Aquatic Sensory Integration (ASI) (Tvrdy, Salzman)

**MARCH 27-28, 2010** (Simsbury, CT)

**GS803:** Hands-On Therapy Techniques: A Survey (Schoedinger)

**APRIL 16-17, 2010** (SoCal Campus)

**MS801:** Aquatic Therapy for Back & Chronic Pain (Scalone)  
*(now rescheduled for 2011)*

**MAY 5-7, 2010** (Colorado Springs, CO)

**BS801:** How to Build, Buy & Profit from Therapy Pool (Nelsons)

**SEPTEMBER 18-19, 2010** (San Mateo, CA)

**GS803:** Hands-On Therapy Techniques: A Survey (Schoedinger)

**OCTOBER 15-16, 2010** (Lone Star Campus)

**SS702:** Aquatic Training & Rehab for the Soldier (Multiple)

**NOVEMBER 5-6, 2010** (Great Lakes Campus)

**GS803:** Hands-On Therapy Techniques: A Survey (Schoedinger)

# REGISTER NOW

## PERSONAL INFO

Name: \_\_\_\_\_ Title: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_

## PROFESSIONAL INFO

Employer: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

## REGISTRATION INFO

Course Number: \_\_\_\_\_ Dates: \_\_\_\_\_  
Course Number: \_\_\_\_\_ Dates: \_\_\_\_\_  
Course Number: \_\_\_\_\_ Dates: \_\_\_\_\_  
Price: \$595 per course: \_\_\_\_\_  
Add \$75 for one-time enrollment fee: \_\_\_\_\_  
Add \$299 to attend **I Want to Teach!**: \_\_\_\_\_  
TOTAL: \_\_\_\_\_

Hold my spot for **ATU Bootcamp** (Main campus only)

## CREDIT CARD INFO

Name on Card \_\_\_\_\_  
Billing Address \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
CC Number: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Exp: \_\_\_\_\_ CVC: \_\_\_\_\_ Type: VISA MC AMEX  
(Cutoff for cancellations is 2 wks before class start date. No refunds given for cancellations after this date. Cancel before this date and you only pay a \$175 reseating fee.)

## ATU ONLINE

**For more info go to:**  
[www.aquatic-university.com](http://www.aquatic-university.com)

**or email us at:**  
info@aquatic-university.com

## EARLY-DUCK DISCOUNT



Enroll prior to 14 days before your class and we will **waive** your \$75 enrollment fee.

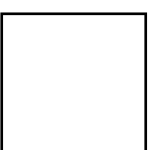
## MAIL OR FAX TO:

Aquatic Therapy University  
3500 Vicksburg Ln #250  
Plymouth, MN 55447  
800-680-8624 Toll-Free  
888-514-6133 Fax

Make checks payable to:  
Aquatic Resources Network



3500 Vicksburg Ln #250  
Plymouth, MN 55447 USA



**Rehab/Aquatic Director**



Official Pool Sponsor of  
Aquatic Therapy University

800-680-8624 [info@aquatic-university.com](mailto:info@aquatic-university.com)

**ATU Post-Graduate Studies. Provable. Profitable. Remarkable.**