ARN Bibliography #14
TOPIC: Bone Density and Body Composition

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The Aquatic Resources Network (ARN) was founded in 1995–96 when a handful of my students started asking questions about aquatic exercise. At that time, clinicians were struggling to find a credible, international clearinghouse of information devoted solely to aquatic therapy. There was a real need to connect students and clinicians, companies and consumers. Today, I’m proud to say, we have grown from our original 30 charter members to thousands of therapists across the world. So join our members and share your love of aquatic therapy with PTs, OTs, CTRSSs, ATCs, exercise physiologists, kinesiologists, massage therapists…. and the world! Stop re-creating the wheel. We can help you be a success at what you love the most.

We are The Aquatic Therapy Command Center.

Andrea Salzman, MS, PT

Founder

Andrea Salzman, MS, PT

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Bone Density & Body Composition


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